



Congratulations to **Kyla Smith** who has been accepted to the **Central Youth Network Advisory Panel** and will attend her first meeting on Sept 27th and a retreat at the Delta Resort in Kananaskis October 17-19th

The Central Youth Network Advisory Panel (**CYNAP**) is a group of youth who are selected from across the region to provide feedback on proposed recommendations and findings, comment on current initiatives, and propose improvements or new ideas to enhance the quality of services to youth. CYNAP's key role is to ensure that the perspectives of youth are represented in all work done by the Ministry of Children's Services and the Regional Authorities as well as to give youth a voice in the decisions made by their government.

{I understand that there is still room for more youth on this panel!! if you are interested, call 403-341-8642... or talk to Kyla!} thank you Kyla, for representing us in this way!

## AG Society News

**As of January 1<sup>st</sup> Louise Higginbottom will be the booking agent for the hall and curling rink. 403-773-3570**

The Ag Society and Flower Show Committee would like to express their thanks to the guys that painted the Curling Rink floor in time for the flower show. It looked great! Thanks to directors, Gary Armstrong and Andrew Aellen, an extra thank you to Mick Irwin for his time & equipment; as well as to Rob Aellen. Great to have such wonderful volunteers in the committee when we need them.

**I know, we just celebrated Christmas but it is here again! So start planning for the Christmas party in the Elnora Community Hall. Supper & entertainment Lewis and Royal all for \$30 / person Saturday November 29**

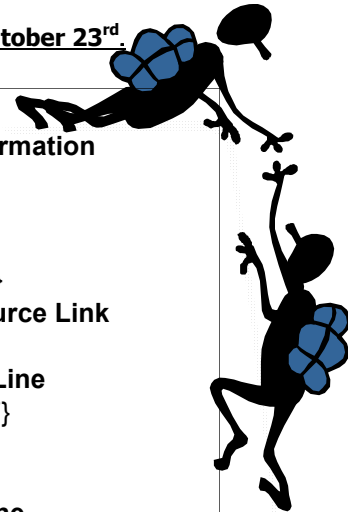
The Ag Society is presently looking for non-profit groups to take over bartending duties at future functions; these would be fundraising opportunities. Discussion as to duties, remuneration etc., will take place with acceptance of this opportunity.

The next Ag meeting is **Thursday October 23<sup>rd</sup>**.

## sharpen your mind with some brain exercises!



- ♥ **play games** that use your math and language skills, such as board games, charades & word games
- ♥ **recite the alphabet** backwards until you can do it as quickly as reciting it forward
- ♥ **experience new sights & sounds** by going to a new ethnic restaurant, farmer's market or bakery
- ♥ **take up a new hobby** that forces you to think outside the box, such as learning a foreign language



## Help Line Information

- Bullying Help line**  
1-888-456-2323
- Child Abuse Hotline**  
1-800-387-KIDS {5437}
- Child Disability Resource Link**  
1-866-346-4661
- Family Violence Info Line**  
310-1818 {toll free 24/7}
- Kids Help Phone**  
1-800-668-6868
- Parent Information Line**  
1-866-714-KIDS {5437}

## Children's Services Centre Red Deer Parent Training Series

for parents of children preschool to grade 5

- ♪ **Oct 8** Promoting Positive Behavior in Children
- ♪ **Oct 22** Understanding Sensory Integration Difficulties
- ♪ **Nov 12** The interactive approach for parents of preschoolers
- ♪ **Nov 26** Speech & Language Development

Pre-Registration Required \$25 per session  
Registration forms available at Elnora Neighbourhood Place



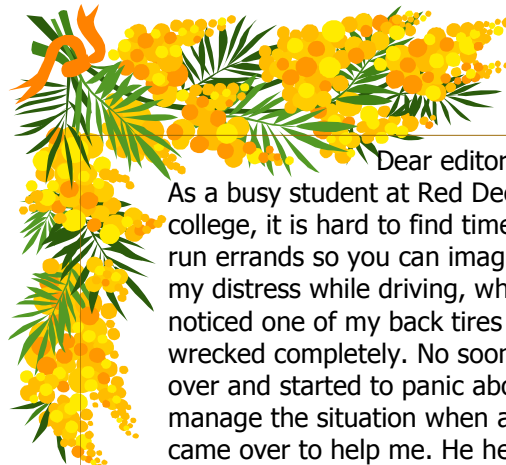
**S.E.E.D.S.** is back!!

**Fri. Oct. 3<sup>rd</sup>**

a great pre-school program introducing young ones to books, songs, nursery rhymes and more~~ an early literacy program

**Fridays from 1-2:30 pm**

**eInora public library**



Dear editor:

As a busy student at Red Deer college, it is hard to find time to run errands so you can imagine my distress while driving, when i noticed one of my back tires was wrecked completely. No sooner had i pulled over and started to panic about how to manage the situation when a gentlemen came over to help me. He helped me change the tire and made sure I would know what to do if this happened again. I was in such distress I didn't even get his name. Only that he teaches and lives outside of Red Deer in the small village of Elnora. I just wanted to say thank you again, your kindness was most appreciated.

**THANK YOU**



...remember to think 'fire prevention week' ...every week

**Burn Barrels**



In many areas of Alberta burn barrels are commonly used to dispose of debris. While they are a convenient tool, they must be used responsibly to avoid starting a wild fire. The Southern Alberta prairie fire on December 14, 1997 was started by a burn barrel which was screened, but left unattended briefly. A sudden wind tipping it over, this fire destroyed six home five small bridges, and many farm properties and power lines.

- ☀ always cover burn barrel with 1/4 in or smaller metal mesh screen
- ☀ clear away any debris for at least 10 ft & work up area to expose the soil
- ☀ put your barrel at least 100 ft away from any structure or standing timber
- ☀ when a fire ban is issued, a burn barrel permit is no longer valid
- ☀ once a ban is lifted, you must contact your local Alberta Sustainable Resource Development Office to have another permit issued
- ☀ never burn in windy conditions ~ only when you can barely feel a breeze
- ☀ light the barrel in late evening, avoid heat of the day
- ☀ NEVER leave the fire in your barrel unattended
- ☀ keep firefighting tools nearby to help put our any small fires. {a shovel, rake, axe, small car-size extinguisher & plenty of water}

**Sylvan Lake's 6th Annual Women's Wellness Retreat**

***Mirror, Mirror***

***Love Who***



***You See***

**Saturday October 18th**

**\$30 includes keynote speaker, lunch and break out sessions including:**

- ♥ Vocal creativity
- ♥ Beauty from the herb garden
- ♥ safety tips for on-line dating
- ♥ Anxiety: good or bad
- ♥ Crafting altered Books
- ♥ Igniting your sixth sense
- ♥ Scrap booking Your memories
- ♥ Strength & Peace through Meditation
- ♥ Pilates for an Amazing You
- ♥ Facebook Savvy
- ♥ Digital Photography

number all sessions in order of preference. we will attempt to place everyone in their top 3 choices, but due to limited space, cannot make guarantees

After Sept. 26 please register by phone to Barb at 403-887-5132

for more information or to see the brochure

before registering call april\*

at Neighbourhood Place 773-3171

**sponsored by Henday Association for Lifelong Learning**

We would like to send a huge thank you to our family and friends for all the cards, flowers, and food either brought or sent to the house following our vehicle accident. Thanks to the Elnora Fire Dept. who responded so quickly for both of us, after we came home. Thanks also for all the phone calls, prayers, and to all who helped us in any way. Your kindness and thoughtfulness has been so much appreciated. Time is a great healer; we are both slowly progressing along.

**Thanks again Diana & Marvin Eigelow**



**Council**

**Meets With Youth!**

October 7th, will see Elnora Youth & Council sharing a light supper while discussing youth related events, issues, and feed back. A Youth delegation of about 14 from ages 8-17 have volunteered to bring forward the many positive ideas.



**parents n' tots**

come see us!  
between 1 & 3 pm  
Wednesdays at the **Anglican Church**  
games/visiting/crafts/speakers/  
support for parents with  
children 0-6 yrs. A great way  
for kids to play, parents to visit,  
learn and enjoy time together